

# MULTI

Where flexibility meets stability

Design: Olav Eldøy

## Concept



Choose the seat angle that's most comfortable for you

Your abdomen and back muscles work to keep your posture upright

The wider the angle between your upper and lower body, the less pressure on your vertebrae

With less pressure on your back, there's less tension in your neck and shoulders

## Category

Variation makes life exciting. On a Varier kneeling chair, your body is constantly in motion. Place your knees on, in front of, between or beside the shin pads to vary your sitting angle and posture, and find the ideal balance point for your body. Have you noticed that all of the seats on our kneeling chairs lean downward? This tilts the pelvis forward and puts the spine in the same position as when you are standing. This means no pressure on spinal discs and relief from shoulder and back tensions. Just remember to place your weight on your bottom when sitting, and on your shins when varying your positions. You'll never want to go back to your old way of sitting.

## Healthy sitting

- Promotes natural, upright posture
- Reduces pressure on vertebral disks
- Keeps spine in upright position
- Strengthens core and abdominal muscles
- Prevents tension in neck and shoulders
- Ensures deep breathing

varier®

# Benefits

---

## Tilted Seat

- Sitting positions with a natural open angle between thigh and torso
- Aids a healthy lifestyle
- The sitting angle can be adjusted to your individual needs: the steeper it is the less pressure is on your spinal disks
- Benefit from an upright, dynamic spine with an upper body balance
- Strengthens core muscles and reduces tension in neck and shoulders
- Supports deep breathing and improves circulation

---

## Knee Cushion

- Prevents sliding forward action
- Support for legs and feet

---

## Height Adjustable from 41 – 59 cm

- Suitable to different Table heights
- Alternative seating positions from squatting to almost standing
- Customization for everyone (i.e. Kindergarten personnel adjusting height depending upon the height of the child)

---

## Foldable

- Easy to carry
- Easy to store

---

## Pre-Assembled

- No mounting needed

---

## No sharp edges

- Comfortable to use and change positions
- Children friendly

---

**No back support**

- Takes small space
- Easy to fit into existing interior
- Easy to put under the desk or table

---

**In solid beech**

- Strong construction
- High load capacity
- long life
- Environmentally friendly

---

**On the market for more than 30 years**

- Does not follow trends.
- Timeless.
- Safety.
- Well known and accepted concept.

---

**Can be supplied in a number of fabrics & leathers**

- Easy to suit with existing interiors
- Several possibilities of combination – makes it easy to choose according to personal taste

---

**7 years warranty on all wooden components**

- Safety
- Long termed investment

---

**Design Peter Opsvik**

- Classical and functional design to rise the user's wellness.

# Technical Information Main

## Chair Measurements

Chair	Width	Depth	Height	
Multi	47 cm	60cm	42 - 63cm	46 cm

## Box Measurements and Weight

Multi	
Height	21,5 cm
Lenght	75,5cm
Width	47,5cm
Weight	7,9 kg

## User and User Areas

- For children and adults
- Table or desk
- Good working positions for many activities - can be used at both high and low tables
- Childrens' desks
- Kneepads can be used as a seat and the seat cushion as a table for kids
- Kindergarten – adult sits low to give aid to children
- Take into car or to work
- Makeup artists on the go
- For people after operation of back hernia (often in hospitals)

## Warranty

- 7-year warranty on all wood parts
- 5-year warranty on all mechanical parts
- To make use of this extended guarantee please register online: [varierfurniture.com/Guarantee](http://varierfurniture.com/Guarantee)

Awards: The "Nor-In" prize in Norway

Production country: Poland

Launch date : 1981