

# Comfortably with Salli

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Using the Salli Saddle Chair in all health care tasks substantially increases performance and improves capacity.

### The various effects of Salli include:

- Superb mobility: easy reaching, close access
- Better posture: relieves back and shoulder disorders
- Correct support from hips: the seat gap is comfortable and relieves pressure
- Better metabolism: you will feel less tired and more efficient



Conventional problematic seat



A two-piece seat is comfortable and contributes to genital health.



Trouble-free Salli seat

More information on healthy sitting at [www.salli.com](http://www.salli.com)



## Preventing sitting disorders with Salli

The traditional sitting at the 90° angle causes several sitting disorders (SDs). Often the reason behind an SD is the weakened blood circulation of the back, shoulders, legs, and hip area. In addition, in the traditional sitting position one breathes superficially, which causes tiredness.

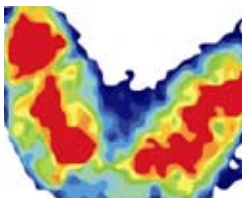
**Salli saddle chair has been designed for efficient elimination of SD ailments. It increases well-being, comfort, and working capacity.**

## Salli saddle chair in health care

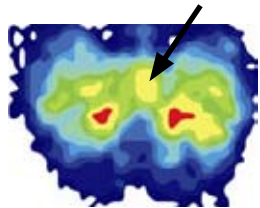
Salli facilitates working in all health care and medical tasks, as well as in several tasks that conventionally require standing. Selecting the suitable chair model, upholstery, and accessories optimizes working ergonomics.

## Research information on sitting pressure

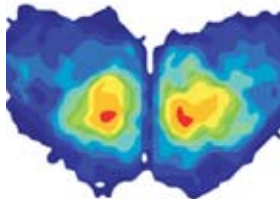
On a conventional chair the stress to the hips and high temperature under thighs is a health hazard in many ways. The two-part Salli seat reduces the risk of genital disorders for men, which are also known from cycling, and infection risk for women. The amount of pressure on the nerves and blood vessels is reduced. Moving your hips becomes more feasible and pleasant when the pressure is applied safely on the ischial bones and the seat puts less pressure on the delicate soft tissues.



Conventional working chair: harmful pressure on thigh and buttock muscles.



One-part saddle chair: harmful pressure on the male genitalia.



Two-part saddle chair: pressure safely on the ischial bones.

The Original  
**Salli**  
System

salli  
SIT HAPPY

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### Salli MultiAdjuster

For demanding users. Adjustable seat width in addition to height and inclination adjustment.



### Salli Swing

Rocking seat. Fantastic for lower back.



### Salli Twin

Cool, healthy, and splendid all-round chair. Adjustable height and inclination.



### Salli Elbow Rest

For precision work.



### Salli Surgeon chair

Height adjustment by foot. For demanding precision work.



### Moving arm rests

Stand and 2 pcs of Ergorest supports. Available with or without a stretching support. For precision work and as an aid in rehabilitation. Also available with one Ergorest support.

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