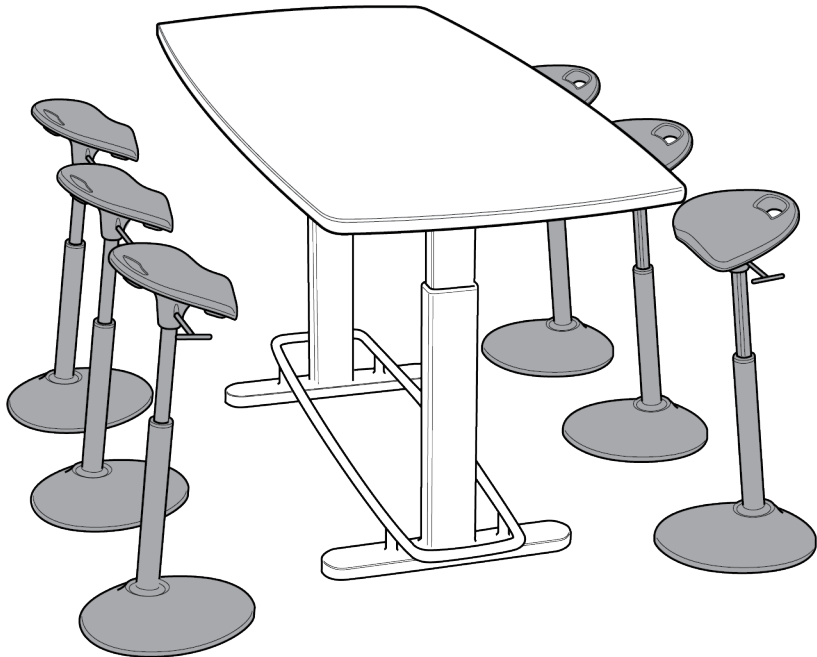


FOCAL™ UPRIGHT

User Manual - Mobis Seat



Caution: This is not your grandfather's office chair!
Please read this manual thoroughly.



Thank you for purchasing from Focal Upright and congratulations on joining the Upright Revolution! We're glad to have you with us.

You have made a choice for healthy, active living. Give yourself some time to get used to this new working posture. You'll probably be engaging muscles in ways you aren't accustomed to – give it a few weeks. And don't worry about the funny stares from your unenlightened co-workers. Stand tall and know you're about to work better and live better!

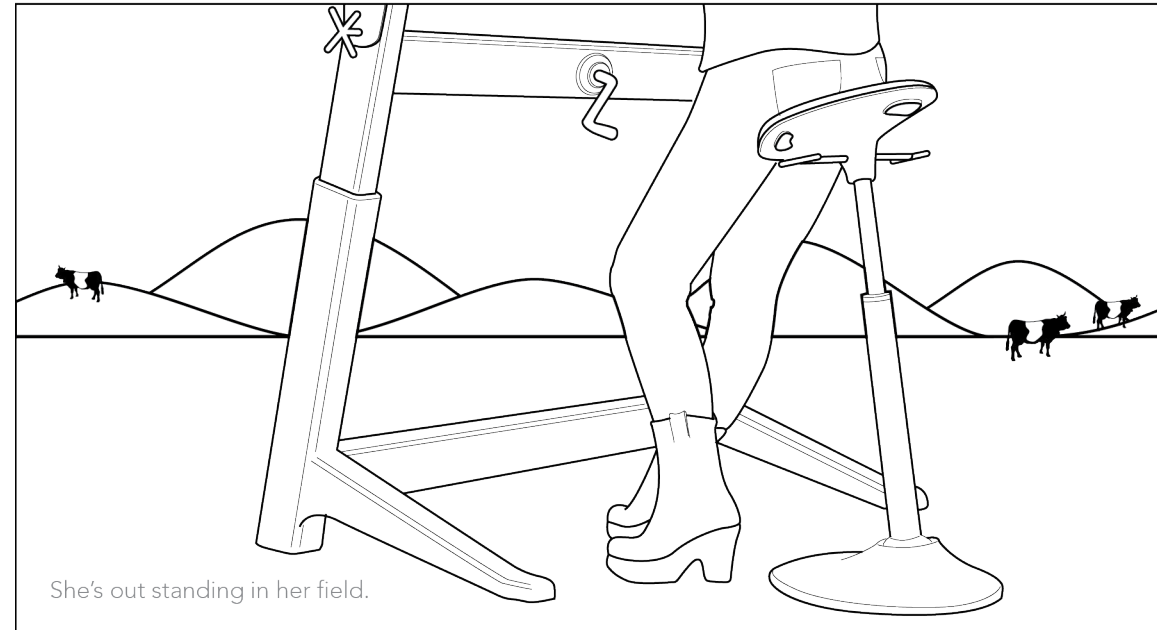
We stand behind our products and here's why: **a body in motion stays in motion.**

You spend a third of your life at work, behind your desk and on your bum. But studies have proven that physical activity throughout the day - even just small movements - leads to better health. Upright and moving is better for you. This simple Focal tweak to your workday makes all the difference.

The Mobis Seat from Focal lets you rock the day job in a posture halfway between standing and sitting. It's designed to move with you, encourage active engagement, and allow your creative juices to flow. A pivoting leg adjusts instinctively to every move you make allowing Mobis to support your natural balancing point. The patent pending design keeps your body active and brain engaged, stimulating blood and oxygen flow. It's about achieving mental clarity rarely enjoyed while sitting, activating the body to keep up with the mind. Kinetic yet balanced.

Take a stand - the chair has evolved

- Height-adjustable from 25" - 35"
- Weight 15 lbs
- Base Footprint: 16" ellipse
- Leg flexes 6° in all directions
- Seat rotates 360°, always returning to center
- Integrated handle makes it an easy grab-and-go
- Available in Chili Pepper, Citrus, Cobalt and Black



Settings and Care

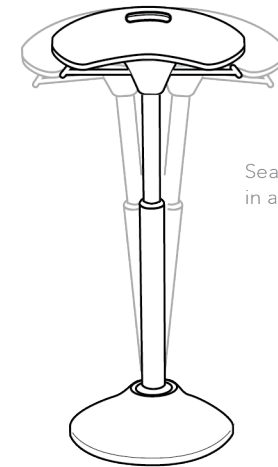
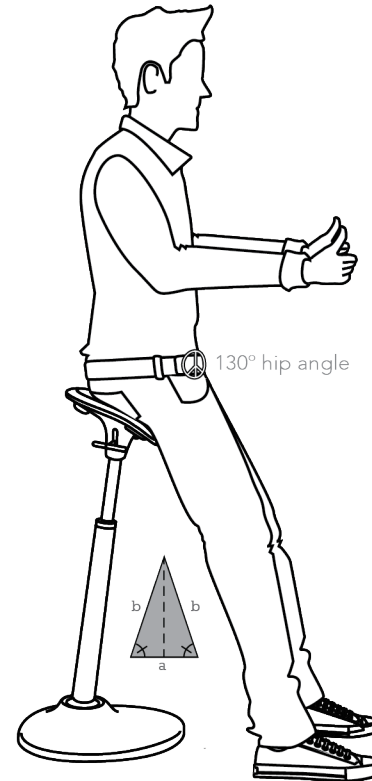
Mobis is designed to work as a dynamic extension of your body, pivoting and flexing to respond to and support every move you make. You can adjust the seat height of Mobis between 25" and 35." Simply grab the adjustment lever on either side of the seat cushion to raise or lower the height.

The optimal height of your Mobis depends on the length of your legs and the height of your work surface. The ideal seat height will allow your legs to be at a 130° angle to your torso. This position will create a balanced triangle with your legs and the Mobis leg. See the next page for an illustration of the posture.

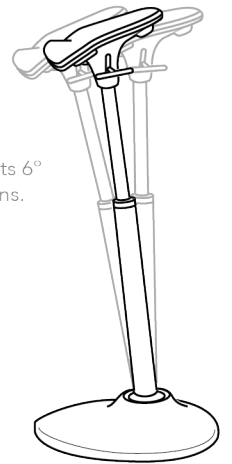
The Mobis Seat cushion is an extremely durable closed-cell EVA foam. However, do not leave it in the direct sun or in a hot car - the cushion will shrink in high heat. It is easily cleaned with a soft cloth and a mild detergent. The seat base should also be cleaned with a soft cloth and mild detergent.

The seat leg is powder coated and best cleaned with a soft cloth and a mild cleaning solution. The gas piston is lubricated with grease and can be wiped clean with a soft cloth and mild detergent as needed.

Find a height that makes a balanced triangle. Make sure you raise the seat high enough so that your legs are straight without locking your knees.

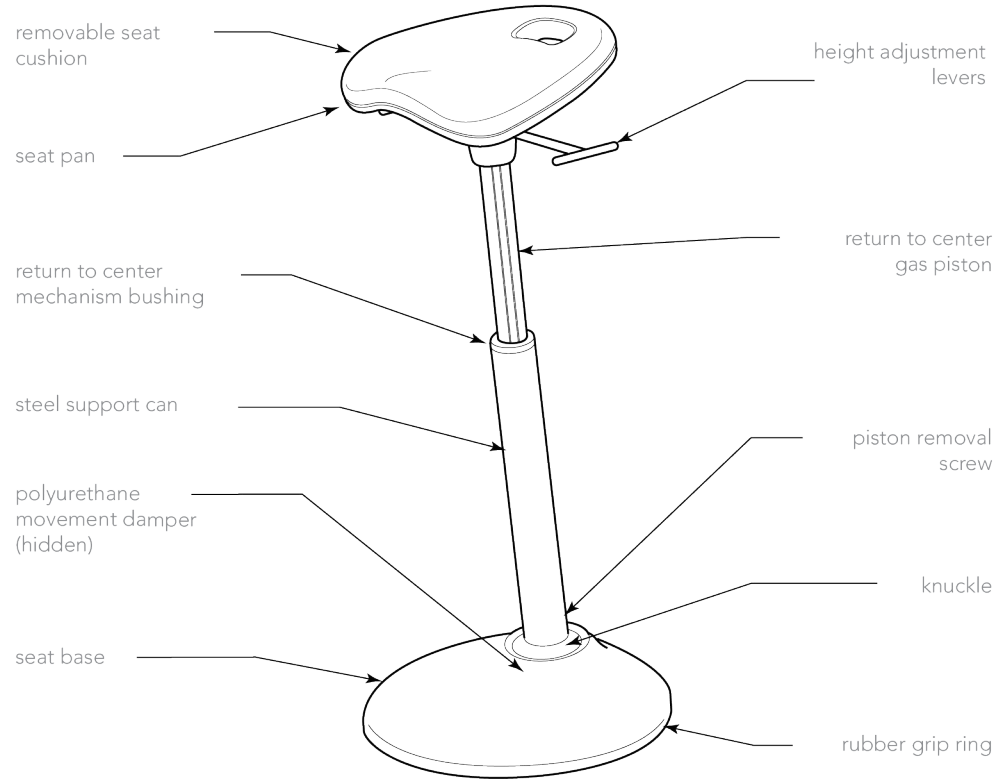


Seat leg pivots 6° in all directions.



Seat pan swivels to provide a 360° range of motion.

Parts List



Accessories & Other Products

Check our website for other Focal Upright products:

- Locus Leaning Seat
- Locus Standing Desk
- MogoTravel Seat
- iMac Bracket
- Cable Management Tray
- Stay Flat Shelf
- LED Worklight
- and more...!

www.focalupright.com

Thanks for joining the Upright Revolution!

-Martin Keen and the Focal Upright Team

FOCAL™

FOCAL™

Your Limited Lifetime Warranty

Focal Upright warrants that our products are free from defects in material and workmanship for the life of the product, except as set forth below. This warranty is valid from the date of delivery and covers the original purchaser only. The warranty does not apply to product failure or loss resulting from normal wear and tear, abuse, misuse or accident; improper installation; installation of non-Focal components; damage caused by carrier during shipping; and service or maintenance by anyone other than an authorized Focal representative.

This warranty is not transferable and only covers Focal products purchased directly from FocalUpright.com or from an authorized reseller, by purchasers located in the United States or Canada. The original receipt must accompany all warranty claims, or the purchase must be registered by purchaser with Focal. In the event of a valid warranty claim, Focal guarantees repair or replacement without charge. You will be responsible for the shipping charges.

Exceptions to the lifetime warranty:

- 5 Years: Seating - Foam and seating textiles, mechanisms, pneumatic cylinders, wheels and height-adjustable mechanisms
Desks - Height-adjustable mechanisms
- 10 Years: Laminate and wood veneers
- 1 Year: Mogo Travel Seat

Thank you for purchasing from Focal Upright and for joining the Upright Revolution!
We hope you thoroughly enjoy your new Focal product! Cheers,

-Martin Keen and the Focal Upright Team

