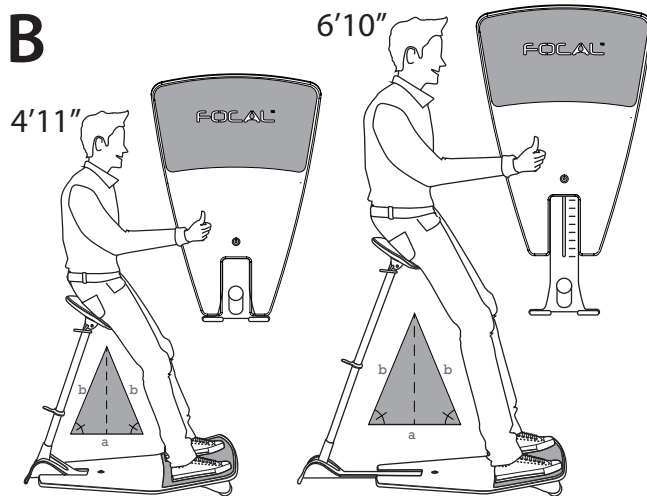
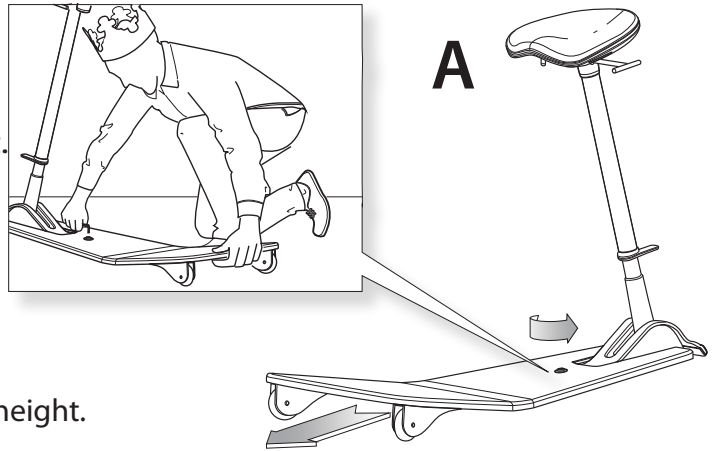


**This is not your grandfather's office chair! Please read these instructions prior to use.**

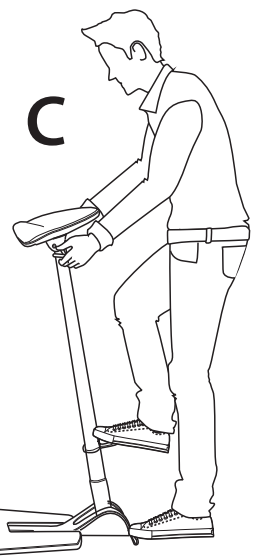
The Focal Locus Seat is adjustable to accommodate users of various heights.

A. Prior to use, use the hex key to loosen T-nut.

B. Extend or retract the seat base so your legs and seat make a balanced triangle as pictured below. A 4'11" user will adjust the base to be fully retracted while a 6'10" user will be fully extended. Re-tighten the T-nut once you have the seat base adjusted to your height.

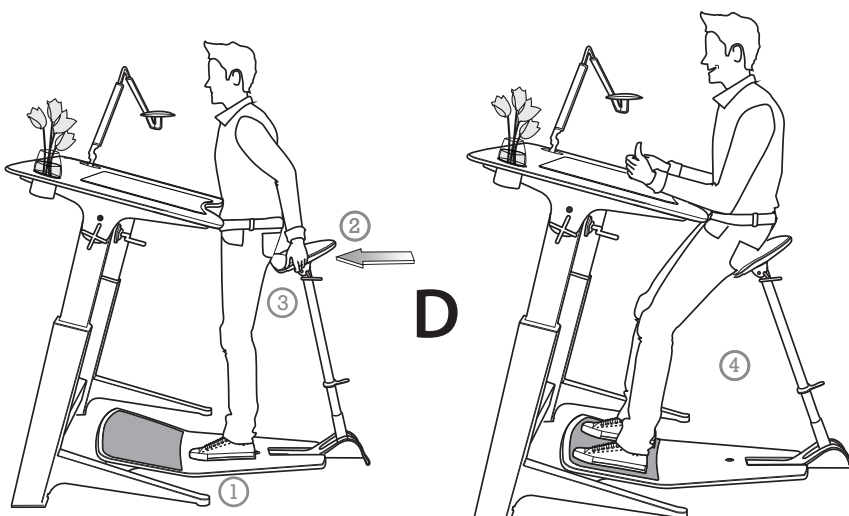


C. Next, lower the seat pan by lifting the "T" shaped lever beneath the seat WHILE pressing down on the seat or using your foot to depress the foot pedal on the seat leg.



D. Follow these steps to adjust the seat post to the appropriate height:

1. Stand on the center of the flat area.
2. Pull seat pan forward under your backside.
3. Raise seat until it begins to lift your heels slightly.
4. Lean back into seat and put feet forward onto ramp of seat base.



**FOCAL**<sup>™</sup>  
UPRIGHT